



## Sunnyside Spencer Academy PE and Sports Premium 2019-2020



At Sunnyside Spencer Academy, we love taking part in PE and trying out new physical activities. We always try our hardest and know how important it is to be physically active.

### **Our PE and Sport Vision**

All our children will enjoy PE and will develop motor skills to perform a variety of physical activities, gain physical fitness knowledge, and an intrinsic motivation to pursue a healthy and active lifestyle.

### **Aims:**

- Every child in Key Stage 1 and 2 to have the opportunity to participate in 120 minutes of physical activity a week thus developing good levels of fitness
- Foundation stage children to acquire fine and gross motor skills through a variety of physical development activities
- Every child to be given the opportunity to attend a variety of extra-curricular clubs before the school day, at lunchtimes and after school
- Key Stage 1 and 2 children to be given the opportunity to attend a variety of intra and inter – school competitions
- Children to further develop positive and proactive attitudes to leading a healthy lifestyle
- To give the children positive experiences to promote lifelong participation in sport and exercise
- To give children opportunities to aspire to become elite athletes

### **Extra-Curricular Clubs**

Sunnyside Spencer Academy works really hard to provide lots of different extra-curricular opportunities, both before school, at lunchtime and after school.

Extra-curricular clubs include: football, dodgeball, netball, dance, tennis, hockey, cricket, athletics, cycle club, darts, badminton, running, multi-skills and gymnastics.

Alongside this, we are working hard to encourage more children to participate in competitions. The opportunities for competition include: basketball, badminton, cross country, sportshall athletics, boccia, indoor rowing, dance, netball, dodgeball, tennis, rounders, cricket, and a triathlon.

### **The purpose of the PE and Sport Premium**

The premium will be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2019-2020 academic year, to encourage the development of healthy, active lifestyles.

We will use the premium to:

- develop or add to the PE and sport activities that we already offer
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

### **Using the PE and Sport Premium we will:**

- continue to ensure the engagement of all pupils in regular physical activity - in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- continue to raise the profile of PE and sport across the school as a tool for whole-school improvement
- continue to increase confidence, knowledge and skills of all staff in teaching PE and sport
- continue to provide a broad experience of a range of sports and activities offered to all pupils
- continue to raise increased participation in competitive sport

### **We will use the funding to:**

- provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively
- hire qualified sports coaches to work with teachers to enhance or extend current opportunities
- introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities
- support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs
- enter or run more sport competitions
- partner with other schools to run sports activities and clubs

- increase pupils' participation in the School Games
- encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school
- provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum
- embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching.

**Plan for PE and Sport Premium 2019-2020:**

**In 2019-2020 our school will receive £17,310. This is how we will use the funding:**

- to sustain and develop existing provision using specialist PE teachers/qualified sports coaches to work alongside teachers in lessons to increase their subject knowledge and confidence in PE, so that they are able to teach PE and sport more effectively (£2,603.50)
- to sustain existing provision by employing a sports coach to support and involve the least active children by running sport activities during Wake and Shake, at break times and at lunch times (£2,603.50)
- to sustain existing provision by employing a sports coach to provide daily after-school sport clubs and half/termly holiday clubs (£2,603.50– Sports Coach, £500 – resources and staffing)
- to provide further training for midday supervisors and support staff to lead Positive Play activities (£280)
- to sustain existing provision to pay staff or external sports coaches to run more competitions, and to increase pupils' participation in national school games competitions (£2,603.50)
- to continue to support and involve the least active children by providing targeted activities, including weekly Drumba sessions. (£3,400)
- to further develop links with PE teachers across the Trust, in local secondary schools and with the University to help primary staff improve their PE and sports provision (£200)
- to develop pupil sports leaders and their impact across the school (£250)
- to provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum through targeted interventions during Summer Term (£800)

- to embed physical activity into the school day through active travel to and from school (Bikeability and Balance Bikes), active playgrounds (purchasing resources to promote and support physical activity) and active teaching (CPD) (£1500)

**As a result of the PE and Sport Premium the impact measures for 2019-2020 will be:**

- Increased Daily Physical Activity for all children
- Increased participation in after-school sports clubs and holiday clubs
- To maintain successful accreditation of Gold School Games Award and move towards the Platinum award.
- Successful accreditation of Primary School Play Makers Award (Pupil Sport Leaders)
- Increase in staff confidence when delivering PE lessons
- Increased pupil attendance/engagement with sporting activities, with a specific focus on less active and pupil premium children
- Continued/Increased engagement with regional (Broxtowe) and George Spencer Academy Trust competitions
- Increased percentage of Year 6 meeting the national curriculum requirements for swimming
- Increased engagement with external organisations delivering activity sessions to the children (Via Cycle Safety, Notts County FITC, Everyone Health etc.)
- Successful implementation of the Daily Mile

**Year 6 Swimming Attainment 2019-2020**

Our current Year 5 and 6 cohort will be completing their swimming lessons during the Autumn and Spring term.

Children will aim to meet the national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, using a range of strokes effectively and performing safe self-rescue in different water-based situations.

Children in Year 6 that do not meet the national curriculum requirement at the end of their lessons will be given additional swimming provision during the Summer term.

**APPENDIX 1:**

**How PE and Sport Funding has been spent in previous academic years:**

Sunnyside Spencer Academy opened on 1st May 2014 and for the period May through to July 2014 our school received £2,060. The PE and Sport Premium money was spent on introducing new sports and activities to encourage more pupils to take up sports, these were introduced through after school clubs and holiday sports activities.

In our second year of PE and Sport Premium funding (14/15), our allocation was £8,275. This was used to provide a greater range of after school clubs including: kickboxing, football; tennis and multisports. Funding was also invested into outdoor play equipment, making improvements that will benefit pupils joining the school in future years. This included a trim trail, both in the main school playground and in our nursery, including balance beams and traversing walls which all help to

develop children's movement skills along with muscle and bone development.

**In 2015-2016 our school received £8,445. This was used to:**

Use specialist PE teachers/qualified sports coaches to work alongside teachers in lessons to increase their subject knowledge and confidence in PE, so that they were able to teach PE and sport more effectively. **Impact:** Teachers took part in team teach CPD PE sessions at least once every half term. This increased staff confidence. 100% of teachers met the standards 'set high expectations which inspire, motivate and challenge pupils and demonstrate good subject knowledge'.

Employ a sports coach to support and involve the least active children by running sport activities during breakfast club, at break times and at lunch times. **Impact:** 24 children were involved in sports clubs in 2014/15 (out of 130 children on role – 18%). 11 of these children were PP children (46%).

98 children were involved in at least one after-school sport or holiday club during 2015/16 (out of 136 children on role - 72%). 46 of these were PP children (45%). Daily wake and shake activities and play and lunch time sports activities embedded. 97% of pupils that school helps them to stay healthy (July 2016).

Employ a sports coach to provide daily after-school sport clubs and holiday clubs. **Impact:** After school sports clubs increased from 4 in 2014/15 to 21 in 2015/16. 21 extra-curricular clubs took place throughout 2015-2016. Six holiday clubs took place. 98 children were involved in at least one after-schools sport or holiday club during 2015-2016.

Provide training for midday supervisors to introduce playground games at lunchtimes. **Impact:** Four mid-day supervisors took part in external training focused on improving play and participation in the playground at lunchtime.

Pay staff or external sports coaches to run competitions, and to increase pupils' participation in national school games competitions. **Impact:** Staff ran level 1 competitions including football, tennis, rounders tournaments. Children also participated in level 2 competitions (regional) including dritriathlon and tennis.

Forge links with PE teachers in local secondary schools to help primary staff improve their PE and sports provision. **Impact:** All children in Y1-Y6 visited the PE and Sports facilities at George Spencer Academy to participate in various PE and Sport activities including multi-skills and dance. They also visited Bramcote Hills College to compete in sport competitions. University of Nottingham students also provided PE and Sport provision for pupils in Y3&Y4.

Introduce new initiatives such as fundamental basic movement and co-ordination skills in the Early Years Foundation Stage and develop young sports leaders in Key Stage 2. **Impact:** EYFS children achieving at least expected learning goal for Physical Development – Moving and Handling

increased from 81.4% (2015) to 90% (2016), this was line with the national average.

**Impact:** Sunnyside Spencer Academy achieved Silver School Games Mark in July 2016. As part of this award, sports leaders were involved in leading sports competitions and activities.

**In 2016-2017 our school received £8,515. This is how we used the funding:**

- to sustain and develop existing provision using specialist PE teachers/qualified sports coaches to work alongside teachers in lessons to increase their subject knowledge (realPE) and confidence in PE, so that they are able to teach PE and sport more effectively (£500)  
**Impact:** the realPE curriculum was taught by our sports coach discretely across the whole school.
- to sustain existing provision by employing a sports coach to support and involve the least active children by running sport activities during breakfast club, at break times and at lunch times (£5,500) **Impact:** children had the opportunity to take part in daily wake and shake activities that included ball skills, invasion games, target games and circuit training. Positive play was encouraged during break and lunch times by all staff to allow for all to be engaged in activities. 93% of children were very happy or happy at break and lunchtimes. May 2017).
- to sustain existing provision by employing a sports coach to provide daily after-school sport clubs and half/termly holiday clubs (£2062) **Impact:** 20 different after school clubs took place over the course of the 2016-17 academic year. Holiday clubs took place in February, the Easter break, June and July 2017
- to provide further training for midday supervisors and support staff to lead Positive Play activities (£400) **Impact:** Midday supervisors and support staff were more involved in leading positive play activities on the playground during lunchtimes
- to sustain existing provision to pay staff or external sports coaches to run more competitions, and to increase pupils' participation in national school games competitions (£100) **Impact:** Students have participated in intra-school events including darts, tennis and football. Inter-school events include a Year 1 dance festival, Broxtowe Schools dance festival, GSA trust competitions (Y5/6 badminton, Y5/6 rounders), Y4 sportshall athletics, Y4/5 dodgeball)
- to further develop links with PE teachers across the Trust, in local secondary schools and with the University to help primary staff improve their PE and sports provision (£200).  
**Impact:** Sunnyside took part in trust sport competitions across the year including badminton, kwik cricket and rounders, improving links with George Spencer and other

primary schools in the trust

- to develop pupil sports leaders across the school (£50) **Impact:** Sports Leaders had training with the primary sports leaders 'Playmaker' award, and took an active role in leading games activities and supporting the set up and delivery within PE lessons (such as demonstrations and being a 'mini teacher')

**As a result of the PE and Sport Premium the impact measures for 2016-2017 were:**

- Increased Daily Physical Activity for all children **Impact:** children had the opportunity to take part in daily wake and shake activities that include ball skills, invasion games, target games and circuit training – 47 children currently on register for wake and shake throughout the week. Positive play was encouraged during break and lunch times by all staff to allow for all to be engaged in activities. 93% of children were happy at break and lunchtimes (May 2017).  
43 children are on the Learning Zone (after school) register.
- Increased number of after school clubs on offer. **Impact:** 20 extra-curricular clubs including football, dance, cricket, athletics, dodgeball, hockey, netball, tennis, badminton and darts. Over the year 87 children participated (32% PP)
- Increased participation of holiday clubs. **Impact:** February 2017- 54% PP (20/37), Easter 2017 63% PP (5/8), June 2017 – 65%
- Involvement in Healthy Schools Award **Impact:** Data was started to be gathered towards gaining the healthy schools award
- Successful accreditation of Gold School Games Award – Awarded Gold in July 2017
- Successful accreditation of Primary School Play Makers Award (Pupil Sport Leaders) **Impact:** Sports Leaders finished the award, this will continue into the 2017-18 academic year

**In 2017-2018 our school received £17,310. This is how we used the funding:**

- to sustain and develop existing provision using specialist PE teachers/qualified sports coaches to work alongside teachers in lessons to increase their subject knowledge (realPE) and confidence in PE, so that they are able to teach PE and sport more effectively (£2,271)  
**Impact:** Team teaching occurred regularly throughout the academic year, with staff leading all or part of realPE curriculum lessons. The school sports coach also shared classroom based ideas (active brain breaks) during teach meet CPD sessions to help increase children's activity levels throughout the school day.
- to sustain existing provision by employing a sports coach to support and involve the least active children by running sport activities during Wake and Shake, at break times and at

lunch times (£2,271) **Impact:** children had the opportunity to take part in daily wake and shake activities that included various ball, invasion and target games. Positive play was encouraged during break and lunch times by all staff to allow for all to be engaged in activities. This included both adult and pupil led activity.

- to sustain existing provision by employing a sports coach to provide daily after-school sport clubs and half/termly holiday clubs (£2,271 – Sports Coach, £2,300 – resources and staffing)

**Impact:** 80 children took part in the after-school sport programme in 2017-18 (55% pupil premium). Holiday clubs took place in February half term as well as the Easter and Summer term breaks.

- to provide further training for midday supervisors and support staff to lead Positive Play activities (£1,500) **Impact:** Staff CPD took place in house, ran by the school sport coach during the January INSET day. This provided staff with the opportunity to brainstorm different ideas and prepare resources for both outdoor and indoor positive play. Funding was also spent on resources for midday supervisors and other members of staff to utilise during break and lunch times.

- to sustain existing provision to pay staff or external sports coaches to run more competitions, and to increase pupils' participation in national school games competitions (£2,271) **Impact:** Competitions ran throughout the year in a variety of different sports including football, tennis and cricket. These took place during lunchtimes and after-school clubs. Children also had many opportunities to take part in local and regional sports competition/sport festivals.

- to introduce new initiatives such as Physical Literacy in the Early Years Foundation Stage (£2,225) **Impact:** The school sports coach worked within the EYFS unit on three mornings per week, providing physical development challenges to the children within their continuous provision. These challenges focused on the skills that are required for children to attain their ELGs by the end for their time in Foundation Stage.

- to further develop links with PE teachers across the Trust, in local secondary schools and with the University to help primary staff improve their PE and sports provision (£1,000).

**Impact:** Children visited George Spencer Academy on a number of occasions throughout the year to take part in sport events. This was particularly engaging for Year 5 and Year 6 students in looking forward to their future education after they leave Sunnyside.

- to develop pupil sports leaders and their impact across the school (£1,200) **Impact:** The Wellbeing Champions pupil leadership group completed the Sports Leaders Playmaker Award during their pupil leadership time throughout the academic year. This has helped

them to be able to lead games during Wake and Shake, break, lunchtimes, after school clubs in addition to within their curriculum PE lessons.

**As a result of the PE and Sport Premium the impact measures for 2017-2018 were:**

- Increased Daily Physical Activity for all children **Impact:** children had the opportunity to take part in daily wake and shake activities that include ball skills, invasion games, target games and circuit training – 68 children currently on register for wake and shake throughout the week. Positive play was encouraged during break and lunch times by all staff to allow for all to be engaged in activities. The playground underwent a resurfacing process which included brand new markings such as activity trails and a daily mile course to help promote active break and lunchtimes.
- Increased participation of holiday clubs **Impact:** 37 children attended holiday clubs in 2017-18 (19 PP children - 51%).
- Successful accreditation of the Healthy Schools Award **Impact:** Following a mid-year review, it was decided that instead of the Healthy Schools Award it would be more beneficial for the children at our school to complete the Jump Avenue programme ran by Everyone Health. This is a healthy lifestyle programme that covers topics such as the healthy food plate, eating healthily on a budget, hydration as well as providing physical activity sessions.
- To maintain successful accreditation of Gold School Games Award **Impact:** We achieved the Gold School Games Award for 2017/18 in July 2018.
- Successful accreditation of Primary School Play Makers Award (Pupil Sport Leaders) **Impact:** Pupils completed the Play Make Award as part of their pupil leadership sessions, certificates were awarded out during assemblies.
- Increase in staff confidence when delivering PE lessons **Impact:** Staff felt confident to lead parts or whole realPE lessons as well as adapting ideas from the realPE curriculum to use within other PE lessons.
- Increased pupil attendance/engagement with sporting activities, with a specific focus on less active and pupil premium children. **Impact:** 80 children participated in sports clubs over the academic year (43 PP – 54%. This is a 22% increase from 2017-18).
- Increased engagement with regional (Broxtowe) and George Spencer Academy Trust competitions. **Impact:** 57 children from KS2 took part in competitions/sporting events across 2017/18, with Year 1 also participating in a Dance festival at George Spencer Academy.

**Year 6 Swimming Attainment 2017-2018**

12/17 (71%) children within our current year 6 cohort are meeting the national curriculum

requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, they use a range of strokes effectively and perform safe self-rescue in different water-based situations.

**In 2018-19 our school received £17,530. This is how we used the funding:**

- to sustain and develop existing provision using specialist PE teachers/qualified sports coaches to work alongside teachers in lessons to increase their subject knowledge and confidence in PE, so that they are able to teach PE and sport more effectively (£2,603.50)

**Impact:** Team teaching occurred regularly throughout the academic year, with staff leading all or part of real PE curriculum lessons. The school sports coach also shared classroom based ideas (active brain breaks) during teach meet CPD sessions to help increase children's activity levels throughout the school day.

- to sustain existing provision by employing a sports coach to support and involve the least active children by running sport activities during Wake and Shake, at break times and at lunch times (£2,603.50)

**Impact:** children had the opportunity to take part in daily wake and shake activities that included various ball, invasion and target games. Positive play was encouraged during break and lunch times by all staff to allow for all to be engaged in activities. This included both adult and pupil led activity.

- to sustain existing provision by employing a sports coach to provide daily after-school sport clubs and half/termly holiday clubs (£2,603.50 – Sports Coach, £500 – resources and staffing)

**Impact:** 110 children took part in the after-school sport programme in 2018-19 (69% pupil premium). Holiday clubs took place in February half term as well as the Easter and Summer term breaks.

- to provide further training for midday supervisors and support staff to lead Positive Play activities (£280)

**Impact:** Staff CPD took place in house, ran by the school sport coach during the January INSET day. This provided staff with the opportunity to brainstorm different ideas and prepare resources for both outdoor and indoor positive play. Funding was also spent on resources for midday supervisors and other members of staff to utilise during break and lunch times.

- to sustain existing provision to pay staff or external sports coaches to run more competitions, and to increase pupils' participation in national school games competitions (£2,603.50)

**Impact:** Competitions ran throughout the year in a variety of different sports including football, tennis and cricket. These took place during lunchtimes and after-school clubs. Children also had many opportunities to take part in local and regional sports competition/sport festivals.

- to introduce new initiatives such as Physical Literacy in the Early Years Foundation Stage (£2,225)

**Impact:** The school sports coach worked within the EYFS unit on three mornings per week, providing physical development challenges to the children within their continuous provision. These challenges focused on the skills that are required for children to attain their ELGs by the end of EYFS.

- to further develop links with PE teachers across the Trust, in local secondary schools and with the University to help primary staff improve their PE and sports provision (£1,000)

**Impact:** Children visited George Spencer Academy on a number of occasions throughout the year to take part in sport events. Pupils from years 1-6 attended sports competitions and festivals at a variety of secondary schools and external venues.

- to develop pupil sports leaders and their impact across the school (£1,200)

**Impact:** The Wellbeing Champions pupil leadership group completed the Sports Leaders Playmaker Award during their pupil leadership time throughout the academic year. This has helped them to be able to lead games during Wake and Shake, break, lunchtimes, after school clubs in addition to within their curriculum PE lessons.

**As a result of the PE and Sport Premium the impact measures for 2018-2019 were:**

- Increased Daily Physical Activity for all children

**Impact:** children had the opportunity to take part in daily wake and shake activities that include ball skills, invasion games, target games and circuit training – 68 children currently on register for wake and shake throughout the week. Positive play was encouraged during break and lunch times by all staff to allow for all to be engaged in activities. The playground underwent a resurfacing process which included brand new markings such as activity trails and a daily mile course to help promote active break and lunchtimes.

- Increased participation of holiday clubs

**Impact:** 56 children attended holiday clubs in 2018-19 (23 PP children - 41%).

- To maintain successful accreditation of Gold School Games Award

**Impact:** We achieved the Gold School Games Award for 2018/19 in July 2019.

- Increase in staff confidence when delivering PE lessons

**Impact:** Staff felt confident to lead parts or whole realPE lessons as well as adapting ideas from the realPE curriculum to use within other PE lessons.

- Increased pupil attendance/engagement with sporting activities, with a specific focus on less active and pupil premium children.

**Impact:** 98 children participated in sports clubs over the academic year (49 PP – 50%. This is a 4% decrease from 2017-18).

## Year 6 Swimming Attainment 2018-2019

8/24 (33%) children within our year 6 cohort met the national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, using a range of strokes effectively and perform safe self-rescue in different water-based situations.